

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
4:30 AM To 6 AM	Adult BJJ DAWN PATROL	Adult BJJ DAWN PATROL	Adult BJJ DAWN PATROL	Adult BJJ DAWN PATROL	Adult BJJ DAWN PATROL		
6 AM To 7:30 AM		Adult BJJ GI			Adult BJJ GI		
9:30 AM TO 10:30 AM				WOMEN'S CLASS	WOMENS CLASS		
10 AM To 11:30 AM	Adult BJJ GI	Adult BJJ GI	Adult BJJ GI	Adult BJJ NOGI	Adult BJJ GI		
12 PM						12-2 OPEN MAT	1-2 PM FUNDAMENTAL
							2 - 4 OPEN MAT
4 PM		4PM KIDS WRESTLING		4PM KIDS WRESTLING	KIDS BOXING 4PM COACH JOE		
		4-4:50 JR KIDS MAT 1		4-4:50 JR KIDS MAT 1			
5 PM	5:30-6:30 KIDS JUDO <i>Beginner</i>	5-6:15 <i>Beginner</i> KIDS BJJ MAT 2	5:30-6:30 KIDS JUDO <i>Beginner</i>	5-6:15 <i>Beginner</i> KIDS BJJ MAT 2 NOGI	KIDS COMPETITION		
	5:30-6:30 KIDS JUDO	5-6:15 KIDS BJJ MAT 1	5:30-6:30 KIDS JUDO	5-6:15 KIDS BJJ MAT 1 NOGI		BJJ – GI MAT -1 5-6:15	
6:30 To 8:00	ADULT BJJ GI MAT-1 FUNDAMENTALS	Adult BJJ GI	ADVANCED BJJ BLUE BELT & UP GI MAT-1	Adult BJJ NOGI	ADULT BJJ GI MAT-1		
	ADULT JUDO 6:30 - 8		ADULT JUDO 6:30 - 8		STRIKING BASICS 6:30 - 8		
8PM	ADULT BJJ GI 8 – 9:30		ADULT BJJ GI 8 – 9:30				



SEPT. 2018' SCHEDULE FOR THE TEMECULA ACADEMY

Check our free app for 4:30AM and 10PM classes